

STUDENTS, WE NEED YOU!

This term, the British Skin Foundation is asking you to help us raise money for skin disease research at your university. Help us make a difference to the **eight million** people living in the UK with skin diseases, including skin cancer. So grab your friends, don a costume, take on a challenge or give something up and help us lead the fight against skin disease.

Stuck for ideas? Here are our favs...

- Host a gig/open mic night/battle of the bands at your student union bar. Charge for entry and ask if you can even have a percentage of the profits donated from the bar too!
- Use your hair as a fundraising tool! Cut, wax, shave, grow or dye it and ask your friends, flatmates and lecturers to sponsor you handsomely for your troubles!
- Everybody loves a theme night! Whether you pick an era, a film, or a classic such as 'priests & nuns' it's a great way to get people together to raise money. Charge for entry and even food or drink related to your theme.
- Are you a whizz in the kitchen? Have a Come Dine With Me / Great British Bake Off style competition! If you have a 'pay to enter' fee you'll be sure to raise some cash.
- A classic pub quiz is another good event to hold at your student union. Have teams pay to enter and see if the bar staff will provide drinks for prizes.
- For the sporty students, arrange a friendly pay-to-enter tournament of your chosen sport. You can make it even bigger by involving other universities and charging spectators a small fee to watch. Boost donations with collection buckets on the day.
- Give it up! Ditch your favourite vice for a month. Alcohol, smoking, junk food or computer games... Just be sure to get lots of donations from your friends for your troubles!

Want a fundraising pack? Got questions about hosting an event?

Email Kelly@britishskinfoundation.org.uk or call 020 7391 6088.



The [British Skin Foundation](http://www.britishskinfoundation.org.uk) is the only UK charity dedicated to raising funds for skin disease and skin cancer research. There are **eight million** people living with a skin disease in the UK, some are manageable and others are severe enough to kill. **Seven** people die every day in the UK from skin cancer. [It Takes 7](http://www.ittakesseven.org.uk) is a fundraising campaign set up to raise as much money as possible to fund research into skin cancer.

Press info: lisa@britishskinfoundation.org.uk or call 020 7391 6347

Find us online here:

www.britishskinfoundation.org.uk

www.facebook.com/leadingthefightagainstskindisease

www.twitter.com/bsfcharity

www.ittakesseven.org.uk

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