

LOCAL MAN TAKES ON GLASGOW 10K FOR SKIN DISEASE RESEARCH

David Kendall, who works in Programme Management within EDF Energy in East Kilbride is taking on the Glasgow Men's 10k to raise money for skin disease research. The 57 year old father of two, who lives in Stewartfield in East Kilbride suffers from a skin condition called Extramammary Paget's disease (EMPD). EMPD is a rare cancer related condition which is characterised externally by a chronic eczema-style rash of the skin in the anogenital regions or as is the case with David, the groin area.

After a personal mission to get fit which started around four years ago, David, with the help and encouragement of his son Thomas, lost over four stone with the aim of participating in the Glasgow Men's 10k. Despite operations for his condition impacting his training schedule, David says "I am determined to do the Glasgow 10k even if I need to walk parts of it!"



Doctors described David's EMPD case as "one in a million" due to its rarity, with the result being that he has found it difficult to access definitive information on his condition online. Helped by his daughter Emma, David wanted to find a charity that was dedicated to skin disease research, as well as raising awareness for skin conditions including his own.

The Kendall family are no strangers to fund raising having managed to collect significant amounts for cancer research following David's wife Sues recovery from breast cancer in 2009 and hope to repeat this success for the British Skin Foundation.

The Glasgow Men's 10k heads along the scenic River Clyde from the starting line at the Riverside Transport Museum. It takes runners down Saltmarket, the Gorbals, Glasgow Green and past the People's Palace before ending in George Square.



David hopes to raise £1,000 for the British Skin Foundation. Support him by making a donation on his Just Giving page here www.justgiving.com/davidkendall10k

Images: Left, David with daughter Emma, son Thomas and wife Sue; Right David in his running gear.

The **British Skin Foundation** is the only UK charity dedicated to raising funds for skin disease and skin cancer research. There are **eight million** people living with a skin disease in the UK, some are manageable and others are severe enough to kill. Skin disease doesn't just affect the skin. It can have a huge impact on a person's day-to-day life, crush self-confidence, restrict movement, lead to depression and put a huge strain on families as well as personal relationships.

Our unwavering commitment to funding quality research means we won't stop until we've found cures for common skin problems like eczema and acne through to potential killers like malignant melanoma. This year the British Skin Foundation turns 20 years old, giving out more than £10 million in grants to over 300 research projects since 1996.

For further information please contact:

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