

Recycle for Research is back!

For the second year running, the British Skin Foundation asks you to recycle your old things and donate the proceeds to skin disease research! It's the perfect time for a post-Christmas clear out, a chance to de-clutter and donate! Here's what we want you to do...

[Recycle that old phone with ShP Charity](#)

There are an estimated 80 million redundant mobile phones in the UK alone! If you got a new mobile for Christmas, don't let your old one linger in a draw... Visit

<http://shpforcharity.co.uk/charities/british-skin-foundation/> and recycle it instead.



[Give Clothes for Charity your old togs](#)

By searching '**British Skin Foundation**' here

www.clothesforcharity.org.uk you can request a bag to your home to fill with clothes, shoes and accessories. Just log back on when you're done and arrange to have it collected, simple!



[Get rid of your old banger](#)

Clapped out car in your garage? It's time to turn that motor into money for research. Log on <http://www.giveacar.co.uk/charities/british-skin-foundation> or call **020 7736 4242** and arrange to have your old car collected. It'll be sent to auction or scrap and you can donate the profit (or half the profit) to the BSF!



We'll put all your funds to good use. In the past 12 months we've given a massive £800,000 in grants to 15 different research projects on range of skin diseases such as psoriasis, eczema and melanoma to name a few. #RecycleforResearch

The **British Skin Foundation** is the only UK charity dedicated to raising funds for skin disease and skin cancer research. There are **eight million** people living with a skin disease in the UK, some are manageable and others are severe enough to kill. Skin disease doesn't just affect the skin. It can have a huge impact on a person's day-to-day life, crush self-confidence, restrict movement, lead to depression and put a huge strain on families as well as personal relationships. Our unwavering commitment to funding quality research means we won't stop until we've found cures for common skin problems like eczema and acne through to potential killers like malignant melanoma.

Image credits: top, Jan Vašek; middle, Jay Mantri; bottom, Leeroy.

For further information please contact:

lisa@britishskinfoundation.org.uk or call 020 7391 6347

Find us online here:

www.britishskinfoundation.org.uk

www.facebook.com/leadingthefightagainstskindisease

www.twitter.com/bsfcharity

www.ittakesseven.org.uk

www.facebook.com/ittakes7

www.twitter.com/ittakes7