

LOCAL LADY TO TACKLE LONDON MARATHON FOR SKIN DISEASE RESEARCH



Running for a charity that is very close to her heart, Jennifer Hart, has completed the Silverstone Half Marathon on 13th March as part of her training for the London Marathon.

Jennifer, 27, finished the half marathon in 02:12:38. She explained *“The Silverstone Half was fantastic! I’ve run further in my training for the London Marathon, so I knew I could do it, but this was just about working out my race pace, running in crowds, plus judging water stations and mile markers – now I feel a lot more prepared for the big day!”*

The first Silverstone Half Marathon took place in 2003 at the world-famous race track. The track has hosted Formula 1 racing since the 1950’s and remains a highlight of the motor racing calendar.

Jennifer, from Sanderstead in South Croydon decided to fundraise for the British Skin Foundation after suffering with acne throughout her teens and into adulthood. She explained, *“Although acne isn’t life threatening, it did knock my confidence a great deal and made my teenage years a whole lot more testing. This is why I want to help fund further research in this area.”*

Jennifer will take on the 26.2mile London Marathon past world-famous landmarks such as Tower Bridge, St. Paul’s Cathedral, The London Eye, the Houses of Parliament and Buckingham Palace on Sunday 24th April.

She hopes to raise £1,000 for skin disease research, having made a brilliant start with over £800 in donations so far. Good luck Jen!

To support Jennifer’s fundraising please visit her Just Giving Page
<https://www.justgiving.com/Jennifer-Hart88/>

The **British Skin Foundation** is the only UK charity dedicated to raising funds for skin disease and skin cancer research. There are **eight million** people living with a skin disease in the UK, some are manageable and others are severe enough to kill. Skin disease doesn’t just affect the skin. It can have a huge impact on a person’s day-to-day life, crush self-confidence, restrict movement, lead to depression and put a huge strain on families as well as personal relationships.

Our unwavering commitment to funding quality research means we won’t stop until we’ve found cures for common skin problems like eczema and acne through to potential killers like malignant melanoma. This year the British Skin Foundation turns 20 years old, giving out more than £10 million in grants to over 300 research projects since 1996.

For further information please contact:

lisa@britishskinfoundation.org.uk or call 020 7391 6347

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