

Local man takes on six half marathons in six months for skin cancer research

Tim Gilding, 32, is taking on six half marathons in six months to raise money for skin cancer research. He completed the first, the Southampton Marathon on 23rd April in 1:57:53 and now there are five to go.

1. ABP Southampton Marathon – 23rd April – Southampton
2. Liverpool Rock 'n' Roll Marathon – 28th May – Liverpool
3. South Downs Trail Marathon – 17th June – Chichester
4. Caterham Rotary Half Marathon – 23rd July – Redhill
5. Two Tunnels Railway Race – 20th August – Bath
6. New Forest Marathon – 10th September – Brockenhurst

Tim, originally from New Zealand but living in Milford-on-Sea (soon to move to Ringwood) is aiming to raise at least £100 per half marathon.



Tim explains, *"In my opinion skin cancer doesn't receive enough publicity in the UK, but is quietly becoming more prevalent as we fly to hot destinations and bake ourselves to a burnt crisp, all for a "bit of colour". Coming from one of the worst places in the world for skin cancer and melanoma (New Zealand) and with a family history rife with skin cancer, I personally believe this is a cause which deserves more recognition."*

For more information on skin cancer and sun safety please visit www.britishskinfoundation.org.uk.

Show your support for Tim by donating here:
<https://www.justgiving.com/fundraising/GiveMeSomeSkin>

About the BSF

The **British Skin Foundation** is the only UK charity dedicated to raising funds for skin disease and skin cancer research. Our unwavering commitment to funding quality research means we won't stop until we've found cures for common skin problems like eczema and acne through to potential killers like malignant melanoma. To date we've raised £15 million to fund research projects since 1996.

For further information please contact: lisa@britishskinfoundation.org.uk or call 020 7391 6347

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